



Stability Through
Advocacy, Inc.

NEED HELP WITH HOUSING, BENEFITS, OR MENTAL HEALTH RESOURCES?



You are not alone. We are here to help.



Stability Through Advocacy (STAY) connects individuals and families to trusted resources, support, and guidance.

We can help you navigate challenges and find the support you need.

WE CAN HELP YOU WITH:



HOUSING HELP

Finding Stability. Creating Home.

- Housing options and referrals
- Eviction prevention resources
- Emergency and transitional housing connections
- Landlord/tenant resources
- Housing advocacy



We'll help you explore options and take the next step toward stable housing.



BENEFITS SUPPORT

Get the Benefits You Deserve.

- SNAP (Food Stamps)
- HEAP (Energy Assistance)
- Medicaid / Health Insurance
- Income Assistance
- SSI / SSD Support
- Application assistance and referrals



We can help you apply, understand your options, and access the support you're eligible for.



MENTAL HEALTH RESOURCES

Your Mental Health Matters.

- Counseling and therapy referrals
- Crisis support
- Support groups
- Substance use support
- Community mental health resources



We'll connect you to caring professionals and resources to support your well-being.



WHY REACH OUT TO STAY?



Compassionate
Support



Resource
Navigation



Community
Connections



Advocacy for
Your Needs



Hope for a
Better Tomorrow



LET'S TAKE THE NEXT STEP—TOGETHER.

Contact us today. We're here to listen, support, and connect you with the resources you need.



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SCAN TO CONNECT
WITH STAY



HOUSING SUPPORT | BENEFITS ASSISTANCE | MENTAL HEALTH CONNECTIONS | COMMUNITY REFERRALS

Building Stability. One Connection at a Time.

